

South Atlantic Lifesaving Association
2021 Regional Competition Beginning
July 14, 2021
Individual Results

EVENT	Place	Competitor #	Sex	Age	Competitor Name		Team #	Team Name	Points Per Event	Points Awarded
OPEN MEN - RUN-SWIM-RUN	1	64	M	23	Jan	Hanzal	7	Hilton Head	12.00	12.00
OPEN MEN - RUN-SWIM-RUN	2	32	M	18	Patrick	Furbay	2	Carolina Beach	10.00	10.00
OPEN MEN - RUN-SWIM-RUN	3	160	M	21	Avery	Gambill	18	Wrightsville Beach	9.00	9.00
OPEN MEN - RUN-SWIM-RUN	4	166	M	22	Mack	Nesbit	18	Wrightsville Beach	8.00	8.00
OPEN MEN - RUN-SWIM-RUN	5	11	M	21	Miles	Dupree	1	Atlantic Beach	7.00	7.00
OPEN MEN - RUN-SWIM-RUN	6	164	M	22	Tom	McGovern	18	Wrightsville Beach	5.00	5.00
OPEN MEN - RUN-SWIM-RUN	7	48	M	22	Driscoll	Crabbe	14	Duck	4.00	4.00
OPEN MEN - RUN-SWIM-RUN	8	151	M	23	Noah	Cahan	18	Wrightsville Beach	3.00	3.00
OPEN MEN - RUN-SWIM-RUN	9	136	M	21	Cole	Gvozdas	5	Corolla	2.00	2.00
OPEN MEN - RUN-SWIM-RUN	10	73	M	20	Killian	Riley	7	Hilton Head	1.00	1.00
OPEN WOMEN - RUN-SWIM-RUN	1	144	F	19	Megan	Buchanan	13	Nags Head	12.00	12.00
OPEN WOMEN - RUN-SWIM-RUN	2	43	F	17	Elizabeth	Teeters	2	Carolina Beach	10.00	10.00
OPEN WOMEN - RUN-SWIM-RUN	3	167	F	20	Andrea	Niebel	18	Wrightsville Beach	9.00	9.00
OPEN WOMEN - RUN-SWIM-RUN	4	38	F	20	Brynn	Jewell	2	Carolina Beach	8.00	8.00
OPEN WOMEN - RUN-SWIM-RUN	5	122	F	20	Abby	Frey	17	Virginia Beach	7.00	7.00
OPEN WOMEN - RUN-SWIM-RUN	6	183	F	20	Kelsey	Kraft	3	Charleston County	5.00	5.00
OPEN WOMEN - RUN-SWIM-RUN	7	129	F	26	Heather	Lundstrom	17	Virginia Beach	4.00	4.00
OPEN WOMEN - RUN-SWIM-RUN	8	149	F	21	Evan	Arsenault	18	Wrightsville Beach	3.00	3.00
OPEN WOMEN - RUN-SWIM-RUN	9	30	F	19	Brenna	Divoky	2	Carolina Beach	2.00	2.00
OPEN WOMEN - RUN-SWIM-RUN	10	68	F	24	Lucia	Martelli	7	Hilton Head	1.00	1.00
30-34 MEN-RUN - SWIM-RUN	1	162	M	34	Kalen	Jack	18	Wrightsville Beach	5.00	5.00
30-34 MEN-RUN - SWIM-RUN	2		-	-	-	-	-	-	-	-
30-34 MEN-RUN - SWIM-RUN	3		-	-	-	-	-	-	-	-
30-34 WOMEN - RUN-SWIM-RUN	1	75	F	30	Taylor	Smith	7	Hilton Head	5.00	5.00
30-34 WOMEN - RUN-SWIM-RUN	2	100	F	31	Kaitlyn	Shemenski	9	Jax Beach	3.00	3.00
30-34 WOMEN - RUN-SWIM-RUN	3	23	F	33	Ashley	Raymond	1	Atlantic Beach	1.00	1.00
35-39 MEN - RUN-SWIM-RUN	1	138	M	35	Joshua	Ashley	1	Atlantic Beach	5.00	5.00
35-39 MEN - RUN-SWIM-RUN	2	165	M	35	Keith	Nelson	18	Wrightsville Beach	3.00	3.00
35-39 MEN - RUN-SWIM-RUN	3	25	M	39	Kenneth	Reeves	1	Atlantic Beach	1.00	1.00
35-39 WOMEN - RUN-SWIM-RUN	1	74	F	36	Myshel	Rodenbeck	7	Hilton Head	5.00	5.00
35-39 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
35-39 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
40-44 MEN - RUN-SWIM-RUN	1	169	M	40	Sean	Ruttkay	18	Wrightsville Beach	5.00	5.00
40-44 MEN - RUN-SWIM-RUN	2	109	M	43	Chad	Motz	13	Nags Head	3.00	3.00
40-44 MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
40-44 WOMEN - RUN-SWIM-RUN	1	59	F	42	Sylvia	Wolff	14	Duck	5.00	5.00
40-44 WOMEN - RUN-SWIM-RUN	2	207	F	43	Shannon	Powell	1	Atlantic Beach	3.00	3.00
40-44 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
45-49 MEN - RUN-SWIM-RUN	1	92	M	49	Bill	Horn	9	Jax Beach	5.00	5.00
45-49 MEN - RUN-SWIM-RUN	2	135	M	45	Shaun	Buen	5	Corolla	3.00	3.00
45-49 MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
45-49 WOMEN - RUN-SWIM-RUN	1		-	-	-	-	-	-	-	-
45-49 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
45-49 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-

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50-54 MEN - RUN-SWIM-RUN	1	123	M	50	Thomas	Gill	17	Virginia Beach	5.00	5.00
50-54 MEN - RUN-SWIM-RUN	2	140	M	52	Ken	Savage	13	Nags Head	3.00	3.00
50-54 MEN - RUN-SWIM-RUN	3	189	M	53	Justin	Schaay	3	Charleston County	1.00	1.00
50-54 WOMEN - RUN-SWIM-RUN	1	14	F	53	Melissa	Gann	1	Atlantic Beach	5.00	5.00
50-54 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
50-54 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
55-59 MEN - RUN-SWIM-RUN	1	159	M	55	Greg	Fix	18	Wrightsville Beach	5.00	5.00
55-59 MEN - RUN-SWIM-RUN	2	28	M	59	Roger	Wilson	1	Atlantic Beach	3.00	3.00
55-59 MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
55-59 WOMEN - RUN-SWIM-RUN	1		-	-	-	-	-	-	-	-
55-59 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
55-59 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
60-64 MEN - RUN-SWIM-RUN	1	105	M	63	John	Kenny	13	Nags Head	5.00	5.00
60-64 MEN - RUN-SWIM-RUN	2	50	M	60	Mirek	Dabrowski	14	Duck	3.00	3.00
60-64 MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
60-64 WOMEN - RUN-SWIM-RUN	1	125	F	64	Nancy	Hodges	17	Virginia Beach	5.00	5.00
60-64 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
60-64 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
65-69 MEN - RUN-SWIM-RUN	1	10	M	65	James	Dupree	1	Atlantic Beach	5.00	5.00
65-69 MEN - RUN-SWIM-RUN	2	181	M	66	John	Hall	3	Charleston County	3.00	3.00
65-69 MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
65-69 WOMEN - RUN-SWIM-RUN	1	101	F	68	Susan	Wallis	9	Jax Beach	5.00	5.00
65-69 WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
65-69 WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
70+ MEN - RUN-SWIM-RUN	1		-	-	-	-	-	-	-	-
70+ MEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
70+ MEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-
70+ WOMEN - RUN-SWIM-RUN	1		-	-	-	-	-	-	-	-
70+ WOMEN - RUN-SWIM-RUN	2		-	-	-	-	-	-	-	-
70+ WOMEN - RUN-SWIM-RUN	3		-	-	-	-	-	-	-	-